

# All Saints with St Frideswyde

*'A church which welcomes you in Jesus' name, to grow and share in his love'*

**Sunday 4<sup>th</sup> Feb 2024**

**Sunday 4<sup>th</sup> Feb** – Poppy will be leading & Andrew preaching at our Common Worship communion service at 10.30am.

**Ecumenical Prayer Thursday @ 9.45am** will meet on 8<sup>th</sup> Feb at St Luke's church and on 15<sup>th</sup> Feb at St Helen's Church.

**Sunday 11<sup>th</sup> Feb** – Poppy will be leading & preaching for our Service of the Word service at 10.30am. Open Table will meet at 6pm.

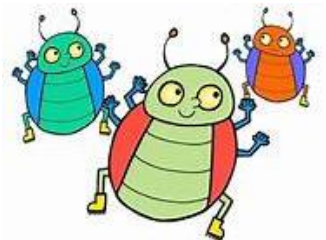
## **Latest News**

📌 **Help needed!** - I regularly visit Thornton Hall and Tithebarn nursing homes with communion. I love this ministry, and I know how much the residents and staff value having visitors. I'd love for a couple of people to come with me when I go, so they have more people to chat to and can get to know other people from our church, rather than just me!

I visit both homes about once every 6 weeks - would you like to come with me sometimes? If you're friendly, chatty and are happy to help people turn pages of their orders of service, please get in touch! You don't need to come every time by any means, but I'd love to start putting a rota together. *Poppy*

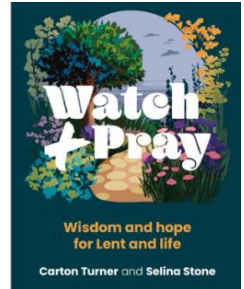
📌 **Electoral Roll** – If you would like to feel more involved with the life and work here at All Saints with St Frideswyde, then we invite you to be a member of the church family by being on the electoral roll. Application forms & box are available in the Narthex over the next 3 weeks.

📌 **Beetle Drive & Pancakes** – This social event will take place on Tuesday 13<sup>th</sup> Feb 2pm-4pm in the Hall. If you would like to attend, then please use the sign-up sheet in the Narthex so we know how many pancakes to make!



🔗 **Ash Wednesday** - Wednesday 14th February, there will be an Ash Wednesday service at 2pm in church. We will have communion, and there will be the opportunity to receive ashes on your forehead if you would like to. All are welcome!

🔗 **Lent Resources** - The Church of England's Lent theme for 2024 is Watch and Pray: Wisdom and hope for Lent and life. You can read the daily reflections either in a booklet or via an email. If you would like a booklet, then please sign **(this Sunday at the latest)** the sheet in the Narthex & we will order one for you, they are £2 each. Reflections via email: [Sign up](#) and get free daily Lent reflection emails delivered straight to your inbox from Ash Wednesday to Easter Day. Our daily emails will offer Bible readings, short reflections and a practical challenge, as well as prayers linked to weekly themes.



🔗 **The Big Lent Walk** – If you are looking for something more physical for Lent, then take part in the 'Walk 200km in 40 days to help fight global poverty'. Challenge yourself and take on The Big Lent Walk! Walk when and where you choose over 40 days, alone or with friends. Raise money to help people as they overcome poverty. See Andrew if you are interested.



🔗 **World Day of Prayer** - Friday 1<sup>st</sup> March at 11am, the Crosby Churches will be marking the World Day of Prayer here at ASSF. This service which is held annually across the world focuses on a different country each year. This year's service was written by the Christian women of Palestine. If you are interested in taking part in this ecumenical service by readings or prayers, hymns or refreshments, please contact Kathleen Zimak (07910172430 or [kathleen.zimak@gmail.com](mailto:kathleen.zimak@gmail.com)) Thank you.



🔗 **Jesus 100 Study** –You are invited to come along to any of the Wednesday studies at 12noon (please bring your own lunch).



🏠 **Tongues of Fire Live** – Sunday 11<sup>th</sup> Feb 6pm at St Luke’s Church. This is a service of praise and reflection. All are welcome to this hour of celebration of faith!

🏠 **Historic Christian Ireland Tour** – Peter & Carol Paine are organising a fascinating insight into the ancient and modern Christian life of the Emerald Isle between 8<sup>th</sup> to 15<sup>th</sup> Sept 2024. For more information, please see the poster in the narthex.



🏠 **Foodbank** – There are no particular shortages at present, but we welcome normal tinned products.

### Collect

Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness in Jesus Christ our Lord.

### Gospel Reading – Luke 11.1-4

#### ***Jesus’ teaching on prayer***

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, ‘Lord, teach us to pray, just as John taught his disciples.’ He said to them, ‘When you pray, say:

“Father, hallowed be your name,  
your kingdom come.

Give us each day our daily bread.

Forgive us our sins,

for we also forgive everyone who sins against us.

And lead us not into temptation.”

## We continue to pray for

Diana Meighen	Mark Isherwood	Phyllis Bell
Sid Ward	Billy Harding	Dave Bruford
Mark Wilson	Barbara Thomas	Mary Sutton
Barbara Maddock	Beryl Lorimer	Dave Rogers
Vicky Sutton	Karen Delves-Hay	Hilary Plaistow
Keith Spencer	Liz Lord	Kath Hallelwell
Sandra Cranny	Gordon Iverson	Daren Perry
Fardin	Angela	Lucy (Susan Boden's auntie)

O God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land. Be with those who need you in these days of suffering; we pray for people of all faiths - Jews, Muslims and Christians and for all people of the land. AMEN

'We pray without ceasing for justice, reconciliation, peace, and an end to hatred and war. We also pray for God to change the hearts of all leaders and decision-makers in our countries and around the world. For we are in dire need of hearts that love, show mercy, and are willing to live in unity with others—hearts that respect human dignity and choose life rather than death.'  
(++ Hosam E. Naoum, Anglican Archbishop in Jerusalem)

The weekly Sabeel prayers can be found at the link below  
<https://sabeel.org/category/wave-of-prayers/>



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**Parish Office** – Open 9.30-11.30am Tues, Wed & Thurs 0151 345 3231

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